Objectives
This live CME activity is designed for pediatricians, family physicians, internal medicine physicians, sports medicine physicians, emergency medicine physicians, orthopedic surgeons, physical therapists, athletic trainers, physician assistants, nurse practitioners and chiropractors. The intended result of this activity is increased knowledge, skill and competence with common sports medicine topics affecting athletes in grade school through college.

By the conclusion of this activity, participants should be able to:
1. Demonstrate appropriate shoulder, foot and ankle examinations.
2. Understand the role of AED’s in the prevention of sudden cardiac death in athletes.
3. Perform an appropriate evaluation of the athlete presenting with a knee effusion.
4. Describe common fractures in the pediatric athlete.
5. Interpret shoulder radiographs of a young athlete.

Sponsored By
This activity is being sponsored by Washington University School of Medicine, Continuing Medical Education

Accreditation
Washington University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. Washington University designates this live educational activity for a maximum of 10.5 AMA PRA Category 1 credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Washington University is recognized by the NATA Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 10.5 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.

According to the educational levels described by the CEC Committee of the NATA, the following continuing education course is considered to be Advanced.

Disclosure Policy
It is the policy of Washington University School of Medicine, Continuing Medical Education, to ensure balance, independence, objectivity and scientific rigor in all its educational activities. All faculty participating in this activity are expected to disclose to the audience any financial interest or other relationship he/she has with the manufacturer(s) of any commercial product(s) discussed in an educational presentation.
Agenda

Friday, June 10

12:30 - 1:00pm  Registration

1:00 - 1:05pm  Intro/Opening Remarks - Mark Halstead, MD

1:05 - 1:40pm  Strength Training in Youth Athletes - Paul Stricker, MD

1:40 - 2:15pm  Common Fractures in Young Athletes - Andrew Gregory, MD

2:15 - 2:25pm  Questions & Answers

2:25 - 2:40pm  Break & Exhibits

2:40 - 3:15pm  Role of the Scapula in Shoulder Disorders - Matthew Smith, MD

3:15 - 3:50pm  Skeletally Immature ACL Tears - Scott Luhmann, MD

3:50 - 4:00pm  Questions & Answers

4:00 - 5:00pm  Breakout Exam Session - Shoulder Exam
(Paul Stricker, MD; Andrew Gregory, MD; Mark Halstead, MD; Matthew Smith, MD)

Saturday, June 11

7:30 - 8:00am  Registration

8:00 - 8:05am  Intro to Day 2 - Mark Halstead, MD

8:05 - 8:40am  Sources of Pressure in Youth Sports - Paul Stricker, MD

8:40 - 9:15am  High Ankle Sprains - Jeff Nepple, MD

9:15 - 9:50am  Sports Injuries of the Wrist - Charles Goldfarb, MD

9:50 - 10:05am  Questions & Answers

10:05 - 10:20am  Break & Exhibits

10:20 - 10:55am  AED Use in Sports - Andrew Gregory, MD

10:55 - 11:45am  Evaluation of the Knee Effusion - Rheumatology and Sports Medicine Perspectives - Anthony French, MD and Mark Halstead, MD

11:45 - 12:00pm  Questions & Answers

12:00 - 12:45pm  Lunch & Exhibits

12:45 - 1:45pm  Simultaneous Breakouts
A. Therapy Breakout: Evaluation of Throwing Mechanics and Rehab of the Throwing Athlete - Dave Meers, PT
B. Medical Breakout: Problem Based Learning Case: Athlete with Exercise Induced Breathing Difficulties - Ray Davis, MD

1:45 - 2:30pm  Exam Session Breakout: Foot and Ankle Exam

2:30 - 2:45pm  Break & Exhibits

2:45 - 3:15pm  Shoulder Imaging in the Young Athlete - Jennifer Demertzis, MD

3:15 - 3:45pm  Sickle Cell and the Athlete - Mark Halstead, MD

3:45 - 4:00pm  Questions & Answers & Closing Remarks
General Information

Location
Charles F. Knight Education Conference Center
One Brookings Drive
St. Louis, MO

Parking:
Complimentary on-site parking in the Millbrook Parking Garage.
For map and directions, go to:
http://www.olin.wustl.edu/Documents/KnightCenterDirections.pdf

Hotel Accommodations
For a listing of hotels in the area that offer a discounted Washington University rate, please contact our office at 314-514-3552.

Please click here for a link to Hotel Discount List

Registration/Payment Policy
If you have not received an acknowledgement within two weeks of your registration, please call Washington University Department of Orthopaedic Surgery at (314) 514-3552. Please note: Washington University is not responsible for airline or hotel reservations. Please confirm registration acceptance prior to purchase of nonrefundable or penalty airline tickets. If cancellation is received in writing by Monday, June 6th registration fee is refundable, minus a $30 administrative charge.

Special Needs
Washington University Department of Orthopaedic Surgery fully complies with the legal requirements of the Americans with Disabilities Act and rules and regulations thereof. Contact the Department of Orthopaedic Surgery for special needs.

Course Faculty

GUEST FACULTY
ANDREW GREGORY, MD
Assistant Professor, Department of Orthopaedics and Pediatrics
Vanderbilt Sports Medicine
Nashville, TN

PAUL STRICKER, MD
Pediatric Sports Medicine - Scripps Clinic
San Diego, CA

DAVE MEERS, PT, CSCS
Excel Sports Therapy

WASHINGTON UNIVERSITY FACULTY
RAY S. DAVIS, MD
Professor in Clinical Pediatrics
Division of Allergy, Immunology and Pulmonary Medicine

JENNIFER DEMERTZIS, MD
Assistant Professor, Radiology

ANTHONY R. FRENCH, MD
Assistant Professor, Pediatrics
Fellowship Director, Division of Pediatric Rheumatology

CHARLES A. GOLDFARB, MD
Associate Professor, Orthopaedic Surgery
Hand and Upper Extremity Surgery

MARK HALSTEAD, MD (COURSE CHAIR)
Assistant Professor, Pediatrics and Orthopaedic Surgery
Team Physician, St. Louis Rams, Washington University, Lafayette High School

SCOTT LUHMANN, MD
Associate Professor, Orthopaedic Surgery

MATTHEW SMITH, MD
Assistant Professor, Orthopaedic Surgery
Team Physician, St. Louis Blues

JEFF NEPPLE, MD
Resident, Orthopaedic Surgery

Washington University Orthopedic Specialists also are the medical staff of Barnes-Jewish and St. Louis Children’s hospitals. Through its affiliations with Barnes-Jewish and St. Louis Children’s hospitals, the School of Medicine is linked to BJC HealthCare.
Advance Registration
Sports Medicine Update • June 10-11, 2011

YOUR INFORMATION:

First Name ___________________________ Initial ______
Last Name ______________________________________________________
ATC / PT Certificate # ___________________________________________
Degree __________ Specialty ________________________________
Address __________________________________________________________
City/State/Zip __________________________________________________
Office Phone __________ Fax ________________________________
Email Address ______________ Company _________________________

REGISTRATION FEES:

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<thead>
<tr>
<th></th>
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<tr>
<td>Physician</td>
<td>$175</td>
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</tr>
<tr>
<td>Allied Health Professional (requesting CME credit)</td>
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<tr>
<td>Allied Health Professional (RN, PA, NP, ATC, PT, DC)</td>
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<tr>
<td>Resident/Fellow (with letter from Program Director)</td>
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* After June 1, there is an additional $25 fee for registration

PLEASE INDICATE YOUR ATTENDANCE AT THE BREAK OUT SESSION ON SATURDAY:

A. Therapy Breakout: Evaluation of Throwing Mechanics and Rehab of the Throwing Athlete

B. Medical Breakout: Problem Based Learning Case: Athlete with Exercise Induced Breathing Difficulties

Your full payment in advance completes your registration and ensures your enrollment in this course. Fee includes enrollment, continuing education credits, educational materials, continental breakfast, refreshment break, Saturday luncheon and conference parking. Conference syllabus will be provided on a CD to all registered participants.

TWO CONVENIENT WAYS TO REGISTER:

1. PAY BY CHECK: Mail this completed form, with your check payable to Washington University, Attn: Cheryl Wobbe, 4625 Lindell, Suite 420, St. Louis, MO 63108

2. PAY BY CREDIT CARD: online at [www.wustl.edu/etransact](http://www.wustl.edu/etransact) then click on Sixth Annual Sports Medicine Update under Current Events

QUESTIONS? Contact Cheryl Wobbe, Manager, Practice Development

PHONE: 314-514-3552
EMAIL: wobbec@wustl.edu