



**As one of the top-ranked US News & World Report orthopedic health care providers in the nation,**

Washington University Orthopedics' physicians are committed to providing quality orthopedic health care to Workers' Compensation patients while effectively controlling costs and time lost from the job.

With early accurate diagnosis, proven effective treatment and working closely with you, the Workers' Compensation Adjuster/Case Manager, our goal is to return employees back to work and to their busy lives as quickly and safely as possible.

**Our Approach**

Workers' Compensation injuries are treated by a team of fellowship trained, board certified orthopedic specialists including physical medicine and rehabilitation physicians who provide:

- Comprehensive orthopedic care in 9 orthopedic subspecialties for the injured worker.
- Immediate assessment and treatment of traumatic injuries.
- Timely appointments for non-acute injuries.
- On site electrodiagnostic and imaging services.
- Up-to-date communication on the employee's status/progress within 24 hours of an appointment.

**Washington University Orthopedics**  
 Workers' Compensation · Campus Box 8605  
 4921 Parkview Place · St. Louis, MO 63110  
 Phone: (314) 747-2539 · Fax: (314) 286-2017  
[ortho.wustl.edu/workcomp](http://ortho.wustl.edu/workcomp)

 **Washington University Physicians**<sup>®</sup>  
 Washington University School of Medicine in St. Louis  
**Orthopedics**



**Workers' Compensation**  
*at Washington University Orthopedics*

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## Scheduling an Initial Appointment

Employees covered by Workers' Compensation, injured on the job, may schedule appointments accordingly with our two coordinators:

- Employees working in **MISSOURI**: The adjuster or case manager must call our Workers' Compensation Department at **(314) 747-2539** to schedule an initial appointment and provide authorization.
- Employees working in **ILLINOIS**: The employee, referring physician, adjuster, or case manager, may contact our Workers' Compensation Department at **(314) 747-2539** to schedule an initial appointment.

## Day of the Appointment

Please be sure to have the employee bring any medical records and any radiology studies from other physicians' offices regarding their Workers' Compensation injury.

## After the Appointment

You will be given up-to-date information on the employee's progress within 24 hours of an appointment.

- A Workers' Compensation status form (*see sample on next page*) will be completed by one of our physicians during the injured worker's visit and sent to the case manager and adjuster.
- Clinic notes are dictated and transcribed on a "stat" basis and faxed to the adjuster and case manager within 24 hours of the appointment.

## Continuing Care Services

- Treatment plans focusing on the injured worker attaining Maximum Medical Improvement (MMI).
- Independent Medical Examinations (IMEs).

## Important Numbers

Phone: (314) 747-2539

Fax: (314) 286-2017

Web: [ortho.wustl.edu/workcomp](http://ortho.wustl.edu/workcomp)

## Sample Status Form

### Washington University Orthopedics Workers' Compensation Status Form

Center for Advanced Medicine · 4921 Parkview Place · St. Louis, MO 63110

Chesterfield Orthopedic Center · 14532 South Outer Forty Drive · Chesterfield, MO 63017

Patient Name: \_\_\_\_\_ DOB: \_\_\_\_\_  
Physician Name: \_\_\_\_\_ Appointment Time: \_\_\_\_\_  
Diagnosis: \_\_\_\_\_

#### Work Status

\_\_\_\_ May return to work with NO restrictions/Date: \_\_\_\_\_  
\_\_\_\_ May NOT return to work: \_\_\_\_\_  
\_\_\_\_ Return to work with the following restrictions: \_\_\_\_\_  
\_\_\_\_ Discharged from Medical Care/Date: \_\_\_\_\_

#### Upper Extremity

\_\_\_\_ Right \_\_\_\_ Left  
\_\_\_\_ No use of upper extremity  
\_\_\_\_ Limit lift/push/pull restricted to \_\_\_\_ lbs.  
\_\_\_\_ Avoid grip/grasp/twist/pinch  
\_\_\_\_ Avoid overhead work  
\_\_\_\_ Avoid outstretched motion  
\_\_\_\_ Avoid repetitive motion  
\_\_\_\_ Avoid vibratory machine  
\_\_\_\_ Other: \_\_\_\_\_

#### Lower Extremity

\_\_\_\_ Right \_\_\_\_ Left  
\_\_\_\_ No use of lower extremity  
\_\_\_\_ Limit sitting \_\_\_\_ hrs/day  
\_\_\_\_ Avoid kneeling/squatting  
\_\_\_\_ Limit walking \_\_\_\_ hrs/day  
\_\_\_\_ Avoid twisting  
\_\_\_\_ Other: \_\_\_\_\_

#### Back

\_\_\_\_ No lifting limit  
\_\_\_\_ Limit lifting to \_\_\_\_ lbs.  
\_\_\_\_ Avoid bending  
\_\_\_\_ Limit sitting \_\_\_\_ hrs/day  
\_\_\_\_ Limit standing \_\_\_\_ hrs/day  
\_\_\_\_ Limit driving \_\_\_\_ hrs/day  
\_\_\_\_ Limit climbing \_\_\_\_ hrs/day  
\_\_\_\_ Other: \_\_\_\_\_

Injection date: \_\_\_\_\_

\_\_\_\_ Recommend PT WH WC OT FCE Other: \_\_\_\_\_

Recommend Diagnostic Studies, ie: EMG NCV MRI CT

Recommend Surgery Procedure: \_\_\_\_\_

Frequency/Duration: \_\_\_\_\_ Script Given: \_\_\_\_ No \_\_\_\_ Yes

Other: \_\_\_\_\_ Date/Time: \_\_\_\_\_

Date: \_\_\_\_\_ Facility: \_\_\_\_\_

**Follow up appointment needed:** \_\_\_\_ No \_\_\_\_ Yes

Date/Time: \_\_\_\_\_ Location: \_\_\_\_ CAM, Suite 6A

\_\_\_\_ CAM, Suite 6B

\_\_\_\_ CAM, Suite 12A

\_\_\_\_ Chesterfield

Physician Signature: \_\_\_\_\_

Date: \_\_\_\_\_

*For questions, call our Workers' Compensation Coordinators at (314) 747-2539 or fax us at (314) 286-2017.*



## Locations

**Center for Advanced Medicine (CAM)  
at Barnes-Jewish Hospital**  
4921 Parkview Place  
St. Louis, MO 63110

*\*Please note that not all providers see patients at both locations.*

**Washington University Orthopedics  
and Barnes-Jewish Hospital  
Chesterfield Outpatient Center**  
14532 S. Outer Forty Drive  
Chesterfield, MO 63017