

2012 St. Louis Soccer Conference  
Saturday, March 3, 2012

Ligament Injuries in the Knee with a Focus on the Soccer Athlete

**Registration fee: \$70**

Your full payment in advance completes your registration and ensures your enrollment in this course. Fee includes enrollment, continuing education credits, educational materials, continental breakfast, refreshment break, lunch and conference parking.

**Register online**

To register online please visit: [www.wustl.edu/etransact](http://www.wustl.edu/etransact), then click on 2012 St. Louis Soccer Conference under Current Events.



Scan this QR Code with your smart phone to be taken directly to the online registration form or visit: [wustl.edu/etransact](http://wustl.edu/etransact)

**Register by mail**

Please complete and fill out the form below. Make checks payable to Washington University Orthopedics, and mail the form along with your check to:

Attn: Cheryl Wobbe,  
4625 Lindell Blvd., Suite 420  
St. Louis, MO 63108

*To ensure proper spelling of your name, please print clearly.*

First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Last Name: \_\_\_\_\_

Degree: \_\_\_\_\_ Specialty: \_\_\_\_\_

ATC / PT Certificate #: \_\_\_\_\_

Office/Home Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Office Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email Address: \_\_\_\_\_



**For questions, please contact:**

Cheryl Wobbe, Manager, Practice Development  
Phone: 314-514-3552  
Email: [wobbec@wustl.edu](mailto:wobbec@wustl.edu)

# registration form

## 5th annual ST. LOUIS SOCCER CONFERENCE 2012

Presented by  
Washington University Orthopedics  
Sports Medicine

**Saturday March 3<sup>rd</sup>, 2012**  
8am - 3:45pm  
Sheraton Clayton Plaza Hotel  
St. Louis, MO

Washington University Orthopedics  
14532 South Outer Forty Drive  
Chesterfield, MO 63017  
[www.ortho.wustl.edu](http://www.ortho.wustl.edu)



**Saturday March 3<sup>rd</sup>, 2012**  
8am - 3:45pm  
Sheraton Clayton Plaza Hotel  
St. Louis, MO

Soccer Health Care Providers,  
Physical Therapists, Athletic Trainers,  
and Coaches are all welcome!

● **conference topic**  
"Ligament Injuries in the Knee  
with a focus on the Soccer Athlete"



 Washington University Physicians<sup>®</sup>  
Washington University School of Medicine in St. Louis

Orthopedics

# Program Overview

This conference will review the epidemiology of ligamentous injury in the knee in soccer athletes. The primary focus will be on non-surgical, surgical and rehabilitation treatment and options to optimize return to play and long-term health for soccer players.

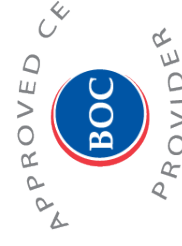
## Course Objectives

1. Discuss epidemiology and physical diagnosis of ligamentous injury in the knee in soccer players.
2. Describe non-surgical, surgical and rehabilitation treatment options for knee ligament injuries, particularly in soccer players.

## Accreditation

According to the educational levels described by the CEC Committee of the NATA, the following continuing education course is considered to be Advanced.

Washington University is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 6.25 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.



Washington University School of Medicine in St. Louis

Orthopedics



# featured speakers

**Robert Brophy, MD — Course Chair**  
Assistant Professor of Orthopaedic Surgery  
Washington University School of Medicine

**Matthew Matava, MD**  
Professor of Orthopaedic Surgery  
and Physical Therapy

Washington University School of Medicine

**Matthew Smith, MD**

Assistant Professor of Orthopaedic Surgery  
Washington University School of Medicine

**Rick Wright, MD**

Dr. Asa C. and Mrs. Dorothy W. Jones  
Professor of Orthopaedic Surgery  
Washington University School of Medicine

# general information

## Location

Sheraton Clayton Plaza Hotel  
7730 Bonhomme Avenue  
St. Louis, Missouri 63105

## Hotel Accommodations

Sheraton Clayton Plaza Hotel  
7730 Bonhomme Avenue  
St. Louis, Missouri 63105  
Phone: (314) 863-0400  
[www.sheratonclaytonhotel.com](http://www.sheratonclaytonhotel.com)

## Reservations

A special rate of \$99 per night will be honored based on room availability. Be sure to identify yourself as an attendee of the St. Louis Soccer Conference. For reservations, please call 1-888-337-1395 by February 10, 2012. After February 10, the room rate will be honored based on room availability.

## Online reservations:

[www.starwoodmeeting.com/StarGroupsWeb/res?id=1201271739&key=53681](http://www.starwoodmeeting.com/StarGroupsWeb/res?id=1201271739&key=53681)

## Parking

Complimentary on-site parking is available on the hotel surface lot and in the hotel garage.

# conference schedule

|         |  |
|---------|--|
| 8:00am  | Registration   |
| 8:20am  | Welcome and Course Overview  |
| 8:25am  | Epidemiology/Mechanism of Ligamentous Injury in Soccer Athletes<br>Robert Brophy, MD |
| 9:10am  | Physical Diagnosis of Ligamentous Injury in the Knee<br>Matthew Smith, MD            |
| 9:40am  | Concomitant articular Cartilage and Meniscal Injuries<br>Rick Wright, MD             |
| 10:10am | Q & A  |
| 10:20am | Break  |
| 10:30am | ACL Reconstruction in Soccer Players<br>Robert Brophy, MD                            |
| 11:15am | Revision ACL Reconstruction<br>Rick Wright, MD                                       |
| 12:00am | Q & A  |
| 12:20pm | Lunch  |
| 1:00pm  | PCL Injuries and Treatment<br>Matthew Matava, MD                                     |
| 1:45pm  | Q & A  |
| 1:55pm  | Multi-ligament knee injuries & treatment<br>Matthew Smith, MD                        |
| 2:40pm  | Q & A  |
| 2:50pm  | Break  |
| 3:00pm  | Long Term Effects of ACL Injury on Soccer Players<br>Robert Brophy, MD               |
| 3:30pm  | Q & A  |
| 3:45pm  | Adjourn  |

## Registration/Payment Policy

If you have not received an acknowledgement within two weeks of your registration, please call Washington University Orthopedics at (314) 514-3552. Space is limited.

## Please Note

Washington University is not responsible for airline or hotel reservations. Please confirm registration acceptance prior to purchase of non-refundable or penalty airline tickets.

## Cancellations

Registration fee is non-refundable.

## Special Needs

Washington University Orthopedics fully complies with the legal requirements of the Americans with Disabilities Act rules and regulations thereof. Contact Washington University Orthopedics for your special needs.