

Caring for Your Hands, Wrists and Elbows

Barnes-Jewish Hospital and
Washington University Physicians



Tuesday, February 5 6:30-8:30 p.m.

Spend the evening learning how to keep your hands healthy with doctors you can **trust**. Washington University Orthopedics Peterson Hand Center specialists will present on common hand, wrist and elbow topics.

- Speak one-on-one with Washington University physicians
- Perfect your golf swing and test your hand-grip strength
- Relax with complimentary hand massages, paraffin wax treatments and mini-manicures
- Enjoy light refreshments

Orthopedics



BARNES  JEWISH
Hospital
BJC HealthCare

 Washington[®]
University in St. Louis
Physicians

N A T I O N A L L E A D E R S I N M E D I C I N E

Caring for Your Hands, Wrists and Elbows

Washington University Orthopedics Peterson Hand Center Specialists



Tuesday, February 5

6:30-8:30 p.m.

Andre's West

211 South Old Highway 141

Fenton, MO 63026

For directions, please visit:

www.ortho.wustl.edu/andres



The event is free, but registration is required. To register, please call **314-TOP-DOCS** (314-867-3627) or toll-free 866-867-3627.

6:30-6:45 p.m.

Registration

6:45-7:00 p.m.

Welcome: **Richard Gelberman, MD, Chairman**

7:00-8:30 p.m. — Open House

Please feel free to participate in activities and lectures as you wish throughout the evening.

Lecture Schedule

7:00-7:20 p.m.

Aching and swollen hands — dealing with arthritis.

Ryan Calfee, MD, MSc

7:20-7:40 p.m.

Get your swing back in action — troubleshooting golf and tennis elbow.

Charles Goldfarb, MD

7:40-8:00 p.m.

I can't straighten my finger — defining Dupuytren's and trigger finger.

Martin Boyer, MD, FRCS(C)

8:00-8:20 p.m.

My wrist feels numb — treatments for carpal tunnel.

Daniel Osei, MD

Barnes-Jewish/Washington University Orthopedics

Chesterfield Outpatient Center

14532 South Outer Forty Drive

Chesterfield, MO 63017

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