



Washington University in St. Louis

SCHOOL OF MEDICINE

Washington University Orthopedics
14532 South Outer Forty Drive
Chesterfield, MO 63017

11/15/14

**INNOVATIONS
IN THE TREATMENT OF
HIP & KNEE DISORDERS**

CHAIR: JOHN CLOHISY, MD
PRESENTED BY: WASHINGTON UNIVERSITY ORTHOPEDICS





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COURSE OVERVIEW

This live CME activity is designed for family physicians, internal medicine physicians, orthopedic surgeons, physical medicine and rehabilitation physicians, chiropractors, physician assistants, nurse practitioners, nurses, physical therapists, physical therapy assistants, and athletic trainers.

The intended result of this activity is to provide contemporary and innovative strategies for the diagnosis and treatment of hip and knee disease. At the conclusion of this activity, participants should be able to:

1. Explain the contemporary strategies for diagnosis, prevention, and treatment of osteoporosis.
2. Identify the most common etiologies and clinical presentation of pre-arthritis, arthritis, and tumorous conditions about the hip and knee.
3. Discuss the latest surgical and non-surgical treatment modalities for a variety of hip and knee conditions.
4. Present strategies for optimizing the perioperative care of patients undergoing hip and knee surgical treatments with emphasis on pain management and rehabilitation protocols.

CME PROVIDED BY

Washington University School of Medicine,
Continuing Medical Education.



ACCREDITATION

Washington University is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

CREDIT

Washington University designates this live activity for a maximum of 7 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CREDIT CONTINUED

Washington University is recognized by the NATA Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 7 hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity. According to the educational levels described by the CEC Committee of the NATA, the following continuing education course is considered to be Advanced. **Physical Therapists may also use the CEU's given by the NATA.*



Washington University School of Medicine is an approved provider of continuing nursing education by the Missouri Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Participants can receive 7 contact hours.

DISCLOSURE

It is the policy of Washington University School of Medicine, Continuing Medical Education, that planners, faculty and other persons who may influence content of this CME activity disclose all relevant financial relationships with commercial interests in order for CME staff to identify and resolve any potential conflicts of interest prior to the educational activity. Faculty must also disclose any planned discussion of unlabeled/unapproved uses of drugs or devices during their presentation. Detailed disclosures will be made in activity handout materials.

LOCATION



DOUBLETREE CHESTERFIELD HOTEL AND CONFERENCE CENTER

16625 Swingley Ridge Road, Chesterfield, Missouri 63017

CONFERENCE PARKING

Complimentary on-site parking is available.

CONFERENCE REGISTRATION/PAYMENT POLICY

When registering online, you will receive acknowledgement of your registration immediately after placing the transaction. For registrations by mail, you will receive confirmation by email once your check is received.

**Please note: Washington University is not responsible for airline or hotel reservations. Please confirm registration acceptance prior to purchase of nonrefundable or penalty airline tickets.*

HOTEL ACCOMMODATIONS

Hotel accommodations are available at the DoubleTree Hotel. A special rate of \$99/night* for a standard room will be available for reservations on Friday, November 14 and Saturday, November 15, 2014. Be sure to identify yourself as an attendee of the Washington University Hip and Knee Conference.

To make a reservation:

Call: (800) 222-8733

Reserve online: http://doubletree.hilton.com/en/dt/groups/personalized/S/STLSCDT-WSH-20141112/index.jhtml?WT.mc_id=POG

**To receive the special rate, you must make reservations by Tuesday, October 14, 2014. After this date, the room rate will be honored based on room availability.*

SPECIAL NEEDS

Washington University Department of Orthopaedic Surgery fully complies with the legal requirements of the Americans with Disabilities Act and rules and regulations thereof. If any participant of this meeting is in need of accommodations, please do not hesitate to submit written requests at least one month prior to seminar date.

CONFERENCE AGENDA

- 7:30 – 7:55 **Registration**
- 7:55 – 8:00 **I. Welcome and Announcements: John Clohisy, MD, Course Chair**
- 8:00 – 9:10 **II. Treating the Spectrum of Arthritic Knee Disease:
Denis Nam, MD, Moderator**
A. Unicompartamental Knee Replacement: Robert Barrack, MD
B. Patellofemoral Replacement: Ryan Nunley, MD
C. Total Knee Replacement — "The Gold Standard":
James Keeney, MD
D. Rehab for Optimal Function (Partial and TKA):
Vickie Robinson, MHS, PT
E. Case Presentations: Denis Nam, MD and Panel Discussion
- 9:10 – 9:40 **III. Bone Health: Osteoporosis Prevention, Diagnosis, and
Treatment: Kathryn Diemer, MD**
- 9:40 – 10:00 **Break/Exhibits**
- 10:00 – 11:00 **IV. Innovations in the Care of Hip and Knee Patients**
A. Advances in Conservative Management of Hip and Knee
Patients: US Guided Procedures and Acupuncture:
Chi Tang, MD
B. Perioperative Pain Management: The Way of the Future:
Michael Bottros, MD
C. Discussion
- 11:00 – 12:00 **V. Surgical Technique Demonstration and Discussion: Primary
TKA: Ryan Nunley, MD, Moderator and Panel,
Robert Barrack, MD, Surgeon**
- 12:00 – 12:55 **Lunch/Exhibits**
- 12:55 – 1:55 **VI. Contemporary Concepts in Hip Preservation:
John Clohisy, MD, Moderator**
A. DDH: Etiology and Preservation Surgery: John Clohisy, MD
B. FAI: Etiology and Preservation Surgery: Jeffrey Nepple, MD
C. Rehab of the Young, Athletic Hip Patient:
Marcie Harris-Hayes, DPT
D. Case Presentations: Jeffrey Nepple, MD and Panel Discussion

- 1:55 – 2:55 **VII. Innovations in Hip Reconstructive Surgery:**
 James Keeney, MD, Moderator
- A. Oncology Reconstruction of the Hip: Douglas McDonald, MD
 - B. Hip Resurfacing: What We Are Learning: Robert Barrack, MD
 - C. Anterior THA — Is There an Advantage? John Clohisy, MD
 - D. Rapid Recovery THA Protocols: Ryan Nunley, MD
 - E. Does Surgical Approach Impact Postop Rehab?
 Vickie Robinson, MHS, PT
 - F. Case Presentations: James Keeney, MD and Panel Discussion
- 2:55 – 3:10 **Break/Exhibits**
- 3:10 – 4:05 **VIII. Surgical Technique Demonstration and Discussion: THA
 Posterior Approach: Denis Nam, MD, Moderator and Panel,
 John Clohisy, MD, Surgeon**
- 4:05 – 4:25 **IX. Current Trends in Joint Replacement Surgery:**
 Robert Barrack, MD, Moderator
- A. Bundled Payments: Denis Nam, MD
 - B. Integrated Practice Units: John Clohisy, MD
 - C. Performance Measures: James Keeney, MD
- 4:25 – 4:30 **X. Summary and Course Wrap-Up: John Clohisy, MD**

CONFERENCE SPEAKERS

WASHINGTON UNIVERSITY FACULTY SPEAKERS:

Chair: John Clohisy, MD
Robert Barrack, MD
Michael Bottros, MD
Kathryn Diemer, MD
Marcie Harris-Hayes, DPT
James Keeney, MD

Douglas McDonald, MD, MS
Denis Nam, MD
Jeffrey Nepple, MD
Ryan Nunley, MD
Chi Tang, MD

GUEST SPEAKERS:

Vickie Robinson, MHS, PT

For additional conference details, visit: www.ortho.wustl.edu/innovations

REGISTRATION

REGISTER ONLINE

To register online, please visit: www.wustl.edu/etransact, then click on 2014 Innovations in the Treatment of Hip and Knee Disorders

REGISTER BY MAIL

Please make checks payable to Washington University, and mail checks along with this completed form to:

Washington University Orthopedics

Attn.: Cheryl Wobbe, 4625 Lindell, Suite 420, St. Louis, MO 63108

QUESTIONS?

Cheryl Wobbe, Manager of Practice Development

Phone: 314-514-3552 or Email: wobbec@wustl.edu

REGISTRATION FEES (PLEASE CHECK ONE)

- Physician: \$140
- Allied Health Professional **requesting CME credit** (PA, NP): \$140
- Allied Health Professional (DC, PA, NP, RN, ATC, PT, PTA): \$75

Your full payment in advance completes your registration and ensures your enrollment in this course. Fee includes enrollment, course credits, educational materials, continental breakfast, refreshment break, lunch and conference parking.

*To ensure the proper spelling of your name, please print clearly. (*Required)*

*Last Name _____ MI _____ *First Name _____

*Degree: _____ *Specialty: _____

*ATC/PT Certificate # (if applicable): _____

*Address: _____

*City: _____ *State: _____ *Zip: _____

*Phone: _____

*Email Address: _____

*Company: _____

*How did you hear about this conference? _____

- Mail
- Email
- Washington University Orthopedics website
- MO ATC website
- Social Media
- Word of Mouth
- Other: _____