

# J. Albert Key Washington University Orthopedic Alumni Society Newsletter

Volume 1 (3) September 2010

## Welcome Class of 2015!!!



Pictured (left to right): Nik Kazmers (Northwestern), Claire Manske (WUSM), Andrew Park (UVA), Michelle Tuetken, Residency Coordinator, Jon Backus (Duke), Alex Aleem (WUSM), and Dan Moon (Columbia).

## New Faculty:

In addition to new residents and fellows, the faculty continues to grow. New faculty members are:

**Dr. Christopher McAndrew**, Trauma  
**Dr. Chi-Tsai Tang**, Physical Medicine and Rehabilitation  
**Dr. Lukas Zebala**, Spine

## New Fellows:

The department also welcomed 16 new fellows on August 1:

**Foot and Ankle:** Michael Iossi  
**Hand:** Cassie Gyuricza and Chris Stutz  
**Joint Reconstruction:** Parminder Kang, Jeffrey Krempec, and Ritesh Shah  
**Pediatrics:** Lisa Berglund  
**Physical Medicine & Rehabilitation:** Alexander Sheng  
**Shoulder and Elbow:** Nady Hamid and Reza Omid  
**Spine:** Douglas Dickson, Michael Kelly, Ra'Kerry Rahman, and Jeremy Stallbaumer  
**Sports:** Richard Mitchell  
**Trauma:** David Merriman

## Save the Date

The third meeting of the J. Albert Key Orthopedic Alumni Society will be held **April 26-29, 2012** at the J.W. Marriott Desert Ridge Resort in Phoenix, Arizona. More details will be available in the coming months.

## Where Are They Now?

### Remarks from Jon Zoltan, M.D.

#### Residency Graduate 1977

It was wonderful to see old and new faces at the 2010 Key Society Meeting in Phoenix in April. The visit brought back old memories. I can remember a number of us residents jogging in Forest Park with Leo Whiteside jogging ahead of us dropping to the ground to do push-ups until we caught up to him. Who can forget making rounds on the wards filled with patients in balanced suspension and skeletal traction for treatment of their closed femur fractures? After I completed residency in 1977, I joined a physician practice in Phoenix. In 1995, we merged that practice into what is now known as The Orthopedic Clinic Association (TOCA), a group of 16 physicians with four offices. Looking back at my educational experiences, I feel that they created an excellent foundation for my many years in orthopaedic surgery. A solid training has taken me through all aspects of orthopedics, such as performing arthroscopic procedures or arthroscopic cruciate ligament reconstructions, even though these procedures did not even exist during my training. For that matter, back in my day, when we were presented with patients who exhibited the "sorry triad of O'Donoghue", we would opt for surgically repairing the medial collateral ligament, resecting the entire medial meniscus if it was torn, and did not do anything to the anterior cruciate ligament. Now what do we do? We rarely operate on the medial collateral ligament, and rarely resect the whole of the medial meniscus, and we frequently reconstruct the anterior cruciate ligament! I can even remember when Campbell's Textbook of Operative Orthopedics was two volumes. Now it is five??? Orthopedics has come a long way, but whatever path I have chosen, my experiences and education have held me in good stead. I feel proud to have been chosen as a resident at Washington University. Jon and Leslie Zoltan are pictured above at the 2010 Key Society Meeting.



*It's great to hear from alumni! Please send your news (i.e. marriage, birth, jobs, etc.) to Sheryl Wunderlich, at wunderlichs@wustl.edu or by mail to : Campus Box 8233, 660 S Euclid Ave., St. Louis, MO 63110*

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## **A Tribute to Jerome J. Gilden, M.D.**

Long-time faculty member, Dr. Jerome J. Gilden, Professor Emeritus of Orthopaedic Surgery, passed away at the age of 84 on August 11, 2010 at his Chesterfield home after a long illness. Dr. Gilden joined the clinical faculty in 1974 while in private practice. He joined the full-time faculty in 1988 and retired in 1999. Dr. Gilden was the first orthopedic surgeon in St. Louis and the Midwest to perform knee replacements and was among the region's leaders in doing total hip replacements. He was the team doctor for the St. Louis Blues from 1967-95. He helped train many of the area's orthopaedic surgeons and was known as "Mr. Orthopaedics" for St. Louis. His career was marked by his caring and compassionate nature. The department honored this outstanding care by the creation of the Jerome J. Gilden Compassionate Care Award, given annually to the faculty member who most closely emulates these qualities. Dr. Gilden is survived by four daughters, five grandchildren, one great-grandchild and a brother.



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